



Summer Session
(June 21st-Aug 28th)

Newsletter July '10

Troy Gymnastics now has a All-Star Cheer Program

Troy Athletics Cheer will hold try outs for our competitive team on July 16th from 5:30-8:30pm or July 17th from 3:00-6:00pm Free Clinic is strongly recommended before try out. (\$25 fee which will be applied towards your registrations fee or cheer team tuition)

*Cheer Clinic

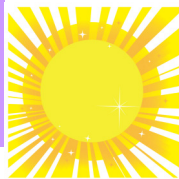
July 14th from 7:00-8:30pm FREE

*Parents Meeting

July 12th from 7:00-8:00pm

Anthony our new Cheer Director has over 10 years of cheerleading experience. He has a wide variety of expertise including coaching tumbling, stunting, and choreography.

Non-competitive Cheer Classes run Saturdays from 9:30-12:30 please call the office for more information and class placement.



Parents Night Out

Hey parents, want a night out on the town? Need a break from the kids? Let us help!

Activities Include: Obstacle course, trampoline, relay races, parachute, rope climbing, crafts, and other age appropriate games! Kids enjoy the fun and parents get the night off!

A light snack will be provided.

Upcoming Dates:

July 17th & 31st, August 7th & 21st

Time: 6:30pm-9:30pm Cost: \$20.00/Students

Ages: 4 & up \$10.00 for additional siblings

\$25.00 Registration fee must be up-to-date for ALL children

TROY GYMNASTICS 1600 W MAPLE 248.816.8496
WWW.TROGYMNASTICS.COM

COMING SOON!

Rhythm and Flow Dance



Heather Babbie has over 20 years experience teaching a variety of dance styles. Our program will run from Sept. to June and offer a variety of dance style for all ages and levels including: Mommy & Me, Ballet, Tap, Jazz, Lyrical, and Hip-Hop. See the office for more details.

COMING SOON!

Martial Arts

Matt Dersa has kickboxed since age 7 and has received multiple titles, including Junior Olympics winner at age 16. Our new program will focus on the basic moves self-defense and kickboxing, and provide a great physical and mental challenge, designed to transform your mind and body. We will be offering kickboxing for children 5+, and adults 16+. Classes will begin August 30th and will run in 8-week session.



Summer Camp

New to camp? Try Friendly Fridays!

Come join us for loads of fun including crafts, games, water inflatable and gymnastics.

***Try 1/2 day camp on any Friday for only \$15(first visit only)**

***Bring a friends and they only pay \$15 (for their first visit too)**

Don't forget to bring your bathing suit and towel!

July 12-16 Disney Days

July 19-23 Zoofari

July 26-30 Let's Make Music

August 2-6 Olympics

Have you seen our new water inflatable??

Pictures are on our website!